

An invitation

Development from within

Effective leadership and personal action - a sustainable approach to Self-Directed Support

Residential retreat: **19 – 22 September 2012**

Kagyü Samye Ling Monastery, Lockerbie, Scotland

A course for leaders and practitioners of participatory
development and sustainable social change

[VIEW IN GOOGLE MAPS](#)

A leadership course for people who want to be more productive
in facilitating sustainable social change – based on the work
of Manavodaya, the internationally recognised Centre for
Participatory Development.



Manavodaya

Manavodaya (which means ‘human awakening’) is a community-building organisation in India which has developed important ways of working over the last 25 years which organisations and individuals in the UK can learn from.

This programme offers a unique opportunity to:

- develop our personal attitudes and our ability to reflect rather than react – so that our actions are more effective and we are better leaders
- enable the development of policy and practice based on the principle of unlocking the latent potential and creativity within individuals to help themselves
- reflect on working methods to enable power to be transferred to the people who are being helped or supported
- embed facilitation methods that enable even the most disenfranchised groups to take control of their own situations
- challenge the way we think, live and work.

The Programme

The programme is based on the inspirational and practical course that Manavodaya has run in India for well over a decade, bringing people from all over the world from a whole range of disciplines – from those working in international or community development, those who support the development of sustainable social business, to those working in social care – to experience a grassroots perspective in dialogue with self-help groups of poor villagers in rural India.

The UK programme offers a unique opportunity to reflect on our own capacity for change and embrace the concept that sustainable development and social change can only come about as a result of a change within our own personal attitudes and actions. This principle of ‘development from within’ is allied to practical group-facilitation processes which will create greater co-production in developing solutions to local problems. Combining these two approaches can facilitate genuinely sustainable social change for communities and individuals.

The programme offers:

- a genuine paradigm shift in development thinking based on the concept and practice of self-help, something we have a very poor record of in the west
- a thorough grounding in group management and sustainability
- applying the Manavodaya approach to participants' work in the UK (for example: in relation to personalisation of services, confidence and well-being, the localisation agenda, social entrepreneurship and co-production)
- a chance to reflect upon our own lives and professional practice



This is the third course to be held in the UK. It will be facilitated by Pete Richmond, Doreen Kelly and John Dalrymple and supported by Varun Vidyarthi, founder of the Manavodaya Centre for Participatory Development in Lucknow, Uttar Pradesh and author of 'Development from Within'.

A previous participant says:

The course was genuinely inspiring. It challenged me to start with myself and change my behaviour in order to do my job differently. It gave me something simple yet complex...what a thrilling paradox to work with.

About Samye Ling | www.samyeling.org

Samye Ling, a Buddhist centre in a remote area of Scotland, provides a perfect venue for reflection on our attitudes and practice. While the course is not connected to any religious belief system, we have found that participants appreciate the calm and spiritual atmosphere.



Booking form

Development from within. Sustainable social change: effective leadership and personal action

Residential retreat: **Wednesday 19 to Saturday 22 September 2012**

Kagyū Samye Ling Monastery, Lockerbie, Scotland

A course for students and practitioners of participatory development and sustainable social change

Costs

The cost includes three nights' accommodation and all meals.

- Individuals funded by organisations: £500.
- Individuals funding themselves £300.
- People on a low income please get in touch as we have a small number of subsidised places.

Please note that the Kagyū Samye Ling Monastery has its own rules of conduct which participants must adhere to. For more information see:

www.samyeling.org

Course numbers are strictly limited to 25. Please complete this form and send with a £50 non-returnable deposit (payable to Manavodaya International UK) to: **Manavodaya International UK, West Kirk, 84 Portland Street Kilmarnock KA3 1AA**

Your name:

Address:

Postcode

Email:

Telephone:

Mobile:

Please tell us in one sentence why you want to join the course:

More information: admin@manavodaya-uk.org | www.manavodaya-uk.org